



# Breastfeeding Continuing Education Ideas

The sources of the continuing education opportunities below are offered without any guarantee of availability, expiration, number or type of hours credited or appropriateness for IBCLC certification/recertification needs. While all sources provide topics related to lactation, local agency (LA) breastfeeding coordinators should investigate all training to determine the appropriateness of the topic for each role in WIC and the relation to work done in WIC. These trainings are not sponsored by the Department of Health and Senior Services (DHSS) and may not represent the views of DHSS or Missouri WIC.

## Local Agency Opportunity

- \* A breastfeeding in-service conducted at your agency by the breastfeeding coordinator, nutritionist or CPA. Invite or partner with other WIC LAs that have staff who may need breastfeeding continuing education. The required training must be on a different topic every year. Consider topics such as: handling difficult client situations, LA breast pump program, LA breastfeeding program goals and current statistics, continuity of care for breastfeeding mothers in your local community or other topics in the Level 1 WIC Breastfeeding Curriculum (link below).

## Webinars

- \* • PUMP for Nursing Mothers Act webinar series, U.S. Department of Labor: <https://www.dol.gov/agencies/whd/pump-at-work>
- \* • Intro to the Pregnant Workers Fairness Act webinar training, The Center for WorkLife Law: <https://worklifelaw.org/news/webinar-training-intro-to-the-pregnant-workers-fairness-act/>
- WIC Breastfeeding Curriculum, USDA WIC Works Resource System: <https://wicworks.fns.usda.gov/resources/wic-breastfeeding-curriculum>
  - The files can be downloaded to review or supplement required state training, but it does not take the place of required training. The information is available in English and Spanish.
- Various, free recorded webinars, Michigan Breastfeeding Network: <https://www.mibreastfeeding.org/webinars/>
- Various, free live and recorded webinar series, U.S. Breastfeeding Committee: <http://www.usbreastfeeding.org/coalitions-webinars>
- LATCH-AZ events, Arizona Department of Health Services: <https://www.azdhs.gov/prevention/nutrition-physical-activity/breastfeeding/#educational-opportunities>
  - Offered by well-known lactation professionals. View the webinar and complete the evaluation survey to receive L-CERPs in two-three weeks.
- Clinical Case Discussion in Breastfeeding Medicine, Institute for the Advancement of Breastfeeding and Lactation Education (IABLE): <https://lacted.org/case-submission/>
  - Live event offered every second Sunday, registration is required. Recordings are available for one month after the event. L-CERPs are available through live participation or by viewing the recording.

- \* These trainings offer basic information and would be appropriate for WIC clerks, HPAs and WIC certifiers. The other training opportunities are allowable, but information covered is out of their scope of practice.

Please make sure any training that is completed is documented in the staff member's training record.

- Various, free and for a fee, webinars, Health e-Learning: <http://www.health-e-learning.com/>
- Various, free and for a fee, webinars, Gold Learning Online Continuing Education: <https://www.goldlearning.com/ce-library/profession/lactation-consultant>
  - Typically offers a free webinar for IBCLC day in March and the keynote presentations for their lactation conference are often free.
- Various, free live and recorded webinars, NACCHO: <https://www.naccho.org/programs/community-health/maternal-child-adolescent-health/breastfeeding-support#webinars>
  - Scroll down to the webinar section.
- Breastfeeding Grand Rounds, University at Albany, State University of New York: <https://www.albany.edu/sph/cphce/bfgr.shtml>
  - Offers annual webinars, which are recorded and kept available.
- WIC Partner Training, Texas Health and Human Services: <https://events-na12.adobeconnect.com/content/connect/c1/1352757267/en/events/catalog.html>
  - Offers recorded webinars, some of which qualify for L-CERPs.
- Various, free and for a fee, courses, BreastfeedLA: <https://breastfeedla.thinkific.com/collections?page=1>
- Various for a fee courses, Breastfeeding Friendly Consortium: [Overview \(bfconsortium.org\)](https://www.bfconsortium.org)
  - Some modules are approved for up to 20 credits. There is a **\$99 fee** for courses.
- Various for a fee webinars, United States Lactation Consultant Association (USLCA): <https://uslca.org/education-resources>
  - Members receive discounts.
- Webinars for members, International Lactation Consultant Association (ILCA): <https://learning.ilca.org/>
- Various for a fee courses, Lactation Education Consultants: <https://lactationeducation.com/>
  - There are a few courses available free, including discussions about becoming an IBCLC: <https://www.lactationtraining.com/filter/free-course/?start=0>
- Various professional courses, Lactation Education Resources: <https://www.lactationtraining.com/>

## Conferences/On-site Training

- The Missouri Breastfeeding Coalition lists all conferences and trainings in Missouri and neighboring states at <http://www.mobreastfeeding.org/conferences/>.
- DHSS plans to offer Level 1 and 2, 45-hour courses every year from 2024-2028, or as long as there is grant funding for these trainings. These trainings are generously funded with a grant from the Centers for Disease Control and Prevention and are available to anyone working with Missouri moms and babies. Learn more at <https://health.mo.gov/living/families/wic/breastfeeding/trainings/>.
- The National WIC Association conferences and webinars can include L-CERPs. Learn more at <https://www.nwica.org/events/all>.
- The Missouri WIC Association holds conferences in odd-numbered federal fiscal years. There are usually three-five breastfeeding topics with CERPs provided.
- The Missouri Breastfeeding Peer Counseling Conference is held in even-numbered federal fiscal years. This conference provides continuing education for peer counselors. It usually does not provide CERPs.